

Fear Worksheet

Fear makes me feel:

I am most afraid of:

One fear I have that makes me feel a little excited is:

Some random thoughts about my fears:

1.

2.

3.

4.

5.

Resources for your success:

ZenCopy.com
your spiritual write to success

KarenDaniels.com
for fearless creativepreneurs

KDBooksandPublishing.com
because words can change your life