

# Fear Actionsheet

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One of my favorite excuses to not do my work is:

I am willing to recognize that no matter what my excuse is, it's really just a reflection of my fear.

Here is one easy thing I am going to do right now that I usually avoid by giving myself a great excuse.

1.

And here is one thing I am going to do tomorrow that I usually avoid by giving myself a great excuse.

2.

Resources for your success:

[ZenCopy.com](http://ZenCopy.com)  
your spiritual write to success

[KarenDaniels.com](http://KarenDaniels.com)  
for fearless creativepreneurs

[KDBooksandPublishing.com](http://KDBooksandPublishing.com)  
because words can change your life